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UNDERSTANDING UTERINE FIBROID EMBOLIZATION

Common Questions About UFE

Will I need a hysterectomy afterward?

Many patients do not require hysterectomy after UFE. However, every patient is different, and some women may eventually require additional treatment depending on fibroid size, symptoms, and long-term response.

How long is recovery?

Most patients return home the same day or the following morning. Fatigue and pelvic cramping are common during the first several days. Many patients gradually return to normal activities within 1–2 weeks.

Will this affect fertility?

Fertility discussions are important and should be individualized. Some women have successful pregnancies after UFE, but treatment decisions depend on age, fibroid anatomy, symptoms, and future pregnancy goals.

Will fibroids disappear completely?

Fibroids typically shrink gradually over time rather than disappearing immediately. Many patients experience meaningful improvement in bleeding, pressure, urinary symptoms, and overall quality of life.

Is UFE painful?

Most patients experience cramping after treatment, particularly during the first several days. Medications are provided to help manage discomfort during recovery.

Will I stay overnight in the hospital?

Many patients return home the same day, while others may stay overnight depending on symptoms, recovery, and individual circumstances.

Is UFE covered by insurance?

Many insurance plans cover uterine fibroid embolization. Coverage may vary depending on individual insurance plans and authorization requirements.

Can I still see my gynecologist?

Absolutely. UFE is often part of multidisciplinary fibroid care, and patients frequently continue routine care with their gynecologist.

How long do results last?

Many patients experience long-term improvement in symptoms after UFE. Results vary depending on fibroid size, age, hormonal changes, and other individual factors.

Visit MnsMd.com to request a consultation or learn more about minimally invasive fibroid treatment options.